

News Releases

NextEra Energy Honored with Best Employers for Healthy Lifestyles® Award by the National Business Group on Health

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JUNO BEACH, Fla., May 28, 2013 /PRNewswire/ -- NextEra Energy, Inc. (NYSE: NEE) has been honored for the eighth time by the National Business Group on Health for its ongoing commitment to promoting a healthy work environment and encouraging its workers to live healthier lifestyles.

(Logo: <http://photos.prnewswire.com/prnh/20110124/FL34682LOGO>)

The company was one of just two Florida-based companies and one of only two companies in the energy sector to receive the 2013 *Best Employers for Healthy Lifestyles*® Award in the prestigious Platinum category. This designation honors employers for their "established workplace well-being programs with measurable success and documented outcomes." Just 27 U.S. employers were honored by the National Business Group on Health in the Platinum category this year.

"Adopting a healthy lifestyle improves quality of life at work and at home," said Deb Caplan, NextEra Energy executive vice president, human resources and corporate services. "We believe that the biggest opportunity you have to improve the quality of your life is to actively improve the quality of your health."

With 21 years of work-site experience from which to draw, NextEra Energy provides innovative health and wellness offerings to its employees and covered dependents through its NextEra Health & Well-Being program. The program offers comprehensive health and productivity management services to more than 33,000 employees and covered dependents. These services are integrated into the company's benefit design and focus on five primary categories: health promotion, fitness, nutrition and weight management, health centers, and an employee assistance program. The cohesive approach emphasizes the close relationship between wellness and productivity, and also features initiatives in safety, absence management and disease management.

Helen Darling, President and CEO of the National Business Group on Health, commented: "We are proud to honor NextEra Energy for its ongoing commitment to providing lifestyle improvement programs that encourage healthy lifestyles for their employees. The company is among an elite group of organizations that are leading the way to promoting healthy workplaces and lifestyles. NextEra Energy and its management team should be proud of their commitment to their program and we congratulate them on receiving this award."

About the National Business Group on Health

The National Business Group on Health is the nation's only non-profit, membership organization of large employers devoted exclusively to finding innovative and forward-thinking solutions to their most important health care and related benefits issues and to being the voice for large employers on national health care issues. The Business Group, whose 364 members include 68 of the Fortune 100, identifies, develops and shares best practices in health benefits, disability, health and productivity, related paid time off and work/life balance issues. Business Group members provide health coverage for more than 55 million U.S. workers, retirees and their families. For more information, visit www.businessgrouphealth.org.

NextEra Energy, Inc.

NextEra Energy, Inc. (NYSE: NEE) is a leading clean energy company with consolidated revenues of approximately \$14.3 billion, more than 42,000 megawatts of generating capacity, and nearly 15,000 employees in 26 states and Canada as of year-end 2012. Headquartered in Juno Beach, Fla., NextEra Energy's principal subsidiaries are Florida Power & Light Company, which serves approximately 4.6 million customer accounts in Florida and is one of the largest rate-regulated electric utilities in the United States, and NextEra Energy Resources, LLC, which together with its affiliated entities is the largest generator in North America of renewable energy from the wind and sun. Through its subsidiaries, NextEra Energy generates clean, emissions-free electricity from eight commercial nuclear power units in Florida, New Hampshire, Iowa and Wisconsin. For more information about NextEra Energy companies, visit these websites: www.NextEraEnergy.com, www.FPL.com, www.NextEraEnergyResources.com.

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